



In affiliation with
UPMC CancerCenter

The Regional Cancer Center

INSTRUCTIONS FOR THE BREAST FEEDING PATIENT FORM

Patient Name: _____

Date: _____

Exam: Positron Emission Tomography-Computer Tomography (PET-CT) Procedure

Your physician has requested that a positron emission tomography-computer tomography (PET-CT) procedure be performed for your medical care. Since you are currently breastfeeding, the following instructions are important for you to follow.

In general, the possible adverse effects of radiation exposure to your child are unknown however, it is best to keep exposure to your child as low as reasonably achievable. If you follow these instructions, the exposure to your child should be minimal. To reduce this potential radiation exposure as much as possible, you must follow these instructions for breast feeding depending on the type of exam which has been requested.

The instructions have been checked off related to the radiopharmaceutical you are receiving for this exam:

- _____ A. **Interrupt breast feeding.** You are receiving a radiopharmaceutical labeled ^{18}F [FDG] for a PET Scan. You must pump your breasts for the next 12 hours and discard the milk. You may resume breast feeding after 12 hours.
- _____ B. **Interrupt breast feeding.** You are receiving a radiopharmaceutical labeled ^{18}F [Na] for a PET Bone Scan. You must pump your breasts for the next 12 hours and discard the milk. You may resume breast feeding after 12 hours.
- _____ C. **Have brief physical contact** with infants and children for 12 hours following the injection of the radiopharmaceutical.

Patient Signature

Date

Physician Signature

Date